

WEEK 1 MENU

WEEKS: 04/11, 25/11, 16/12, 20/01, 10/02, 10/03, 31/03



Fresh Fruit Pot

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Roasted Vegetable, Tomato & Chickpea Pasta Bake & Mixed Vegetables	Thai Chicken Curry Served with Fragrant Rice & Medley of Green Vegetables	Lamb Bolognaise served with Spaghetti, Homemade Garlic & Herb Bread, Seasonal Vegetables or Mixed Salad	Roast Chicken served with Roast Potatoes, Carrots, Broccoli, and Gravy	Fish Fingers or Salmon Fish Fingers served with Chips, Garden Peas or Baked Beans
MEAT FREE	Cheese & Tomato Pinwheels Served With Potato Wedges & Mixed Vegetables	Roasted Butternut Squash & Spinach Thai Curry Served with Fragrant Rice & Medley of Green Vegetables	Vegetable & Lentil Bolognaise served with Penne Pasta, Homemade Garlic & Herb Bread, Seasonal Vegetables or Mixed Salad	Quorn Fillet served with Roast Potatoes, Carrots, Cabbage and Gravy	Vegetable Nuggets served with Chips, Garden Peas or Baked Beans
PASTA & JACKETS	Jacket Potato with Choice of Toppings served with Fresh Salad	Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Chunky Bread	Jacket Potato with Choice of Toppings served with Fresh Salad	Pasta Twists with Cheddar Cheese Sauce with Fresh Salad and Chunky Bread	Cheese wrap served with salad and chips
DESSERTS	Vanilla Shortbread Biscuit Fruity Jelly Or	Natural Yogurt & Coulis Or Fresh Fruit Pot	Apple Crumble Fruity Jelly Or Fresh Fruit Pot	Natural Yogurt & Coulis Or Fresh Fruit Pot	Chocolate Brownie Fruity Jelly Or Fresh Fruit Pot

Making lunchtime the highlight of your day

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WEEK 2 MENU

WEEKS: 11/11, 02/12, 06/01, 27/01, 24/02, 17/03



Fresh Fruit Pot

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Margherita Pizza Served with Baked Potato Wedges, Peas & Sweetcorn	Marinated Jerk Chicken Served With Rice & Peas, Mixed Vegetables	Italian Lamb Meatballs in a Rich Tomato Sauce Served with Pasta & Mixed Vegetables	Roast Turkey served with Roast Potatoes, Carrots, Broccoli and Gravy	Breaded Fish Fillet served with Chips, Garden Peas or Baked Beans
MEAT FREE	Rainbow Pizza Served with Baked Potato Wedges, Peas & Sweetcorn	Sweet Potato & Black Bean Jerk Curry Served With Rice & Peas, Mixed Vegetables	Italian Vegan Meatballs in a Rich Tomato Sauce Served with Pasta & Mixed Vegetables	Cauliflower, Broccoli Lentil Cheese Bake Served with Roast Potatoes, Carrots, Broccoli and Gravy	Vegan Sausage Roll served with Chips, Garden Peas or Baked Beans
PASTA & JACKETS	Jacket Potato with Choice of Toppings served with Fresh Salad	Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Chunky Bread	Jacket Potato with Choice of Toppings served with Fresh Salad	Pasta Twists with Cheddar Cheese Sauce with Fresh Salad and Chunky Bread	Cheese wrap served with salad and chips
DESSERTS	Chocolate Shortbread with Orange Wedge Fruity Jelly Or	Natural Yogurt & Coulis Or Fresh Fruit Pot	Oat & Raisin Cookie Fruity Jelly Or Fresh Fruit Pot	Natural Yogurt & Coulis Or Fresh Fruit Pot	Coconut & Jam Cake Fruity Jelly Or Fresh Fruit Pot

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WEEK 3 MENU

WEEKS: 18/11, 09/12, 13/01, 03/02, 03/03, 24/03



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Traditional Macaroni Cheese Served with Homemade Garlic & Herb Bread, Seasonal Vegetables	Turkey Tikka Served with Rice, Naan Bread Finger and Mixed vegetables	Lamb Lasagna Served with Homemade Garlic Bread & Mixed Vegetables Or Fresh Salad	Chicken Sausage served with Potatoes, Yorkshire Pudding, Carrots, Broccoli & Gravy	Fish Fingers Served with Chips, Garden Peas or Baked Beans
MEAT FREE	Moroccan Vegetable & Chickpea Tagine Served with Crusty Whole meal Bread	Vegetable Tikka Served with Rice, Naan Bread Finger and Mixed vegetables	Tex Mex Vegan Mince & Cheese Burrito Served With Mixed Vegetables Or Fresh Salad	Quorn Sausage served with Potatoes, Yorkshire Pudding, Carrots, Broccoli & Gravy	Fishless Fish Fingers served with Chips, Garden Peas or Baked Beans
PASTA & JACKETS	Jacket Potato with Choice of Toppings served with Fresh Salad	Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Chunky Bread	Jacket Potato with Choice of Toppings served with Fresh Salad	Pasta Twists with Cheddar Cheese Sauce with Fresh Salad and Chunky Bread	Cheese wrap served with salad and chips
DESSERTS	Chocolate Brownie Fruity Jelly Or Fresh Fruit Pot	Natural Yogurt & Coulis Or Fresh Fruit Pot	Banana Bread Or Fruity Jelly Fresh Fruit Pot	Natural Yogurt & Coulis Or Fresh Fruit Pot	Chocolate Oat Cake Fruity Jelly Or Fresh Fruit Pot